



# PROVIDER AND PHARMACY DIRECTORY

# 2022

## Cigna CarePlan (Medicare-Medicaid Plan)

### Member Services

1-877-653-0327 (TTY: 7-1-1)

7 days a week

8 a.m. to 8 p.m. Central Time

[careplantx.cigna.com](http://careplantx.cigna.com)

Together, all the way.®



# Cigna CarePlan (Medicare-Medicaid Plan) | 2022 Provider and Pharmacy Directory

## Introduction

This *Provider and Pharmacy Directory* includes information about the provider and pharmacy types in Cigna CarePlan and listings of all the plan’s providers and pharmacies as of the date of this Directory. The listings contain provider and pharmacy address and contact information as well as other details such as days and hours of operations, specialties, and skills. Key terms and their definitions appear in alphabetical order in the last chapter of the *Member Handbook*.

## Table of Contents

<b>A. Disclaimers .....</b>	<b>III</b>
<b>B. Providers .....</b>	<b>IV</b>
B1. Key terms.....	IV
B2. Primary Care Provider (PCP) .....	V
B3. Long-term services and supports (LTSS).....	VI
B4. How to identify providers in Cigna CarePlan’s network .....	VII
B5. How to find Cigna CarePlan providers in your area .....	VIII
B6. List of network providers .....	VIII
<b>C. Cigna CarePlan’s network providers.....</b>	<b>IX</b>
C1. Primary Care Providers.....	1
C2. Specialists.....	33
C3. Hospitals.....	159
C4. Skilled Nursing Facilities (SNF).....	161
C5. Nursing Facilities (NF).....	165

C6. Mental Health Providers.....	167
C7. Long-Term Services and Supports (LTSS).....	180
C8. Ancillary Providers.....	190
C9. Dental Providers.....	211
C10. Vision Providers.....	212
<b>D. List of network pharmacies.....</b>	<b>216</b>
D1. How to identify pharmacies in Cigna CarePlan’s network.....	216
D2. Long-term supplies of prescriptions.....	217
<b>E. Cigna CarePlan’s network pharmacies.....</b>	<b>217</b>
E1. Retail and Chain Pharmacies.....	218
E2. Mail-Order Pharmacies .....	386
E3. Home Infusion Pharmacies .....	390
E4. Long-Term Care Pharmacies .....	397
<b>F. Index of Providers and Pharmacies.....</b>	<b>419</b>
F1. Providers.....	419
F2. Pharmacies.....	431

---

## A. Disclaimers

- ▶ This Directory lists health care professionals (such as doctors, nurse practitioners, and psychologists), facilities (such as hospitals or clinics), and support providers (such as Adult Day Health and Home Health providers) that you may use as a Cigna CarePlan Member. We also list the pharmacies that you may use to get your prescription drugs.
- ▶ We will refer to these groups as “network providers” in this Directory. These providers signed a contract with us to provide you services. This is a list of Cigna CarePlan’s network providers for Hidalgo County, Texas.
- ▶ ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-653-0327 (TTY: 7-1-1), los 7 días de la semana, de 8 a.m. a 8 p.m., hora del Centro. La llamada es gratuita.
- ▶ You can get this document for free in other formats, such as large print, braille, or audio. Call 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free.
- ▶ We will update your personal record and maintain your preferred language or format as a standing request. In the future, when you call Member Services, we will verify this information. You may ask us to update it at any time.
- ▶ All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including HealthSpring Life & Health Insurance Company, Inc. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc.
- ▶ Cigna CarePlan is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.
- ▶ Other Pharmacies/Physicians/Providers are available in our network.
- ▶ Express Scripts Pharmacy is a trademark of Express Scripts Strategic Development, Inc.
- ▶ For information on Cigna CarePlan and other options for your health care, call MAXIMUS at 1-800-964-2777, Monday to Friday, 8 a.m. to 6 p.m. Central Time. TTY users should call 1-800-735-2989.



- ▶ The list is up-to-date as of September 2021, but you need to know that:
  - Some Cigna CarePlan network providers may have been added or removed from our network after this Directory was published.
  - Some Cigna CarePlan providers in our network may no longer be accepting new Members. If you are having trouble finding a provider who will accept new Members, call Member Services at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time and we will help you.
  - To get the most up-to-date information about Cigna CarePlan's network providers in your area, visit [careplantx.cigna.com](https://careplantx.cigna.com) or call Member Services at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free.

Doctors and other health care professionals in Cigna CarePlan's network are listed on pages 216. Pharmacies in our network are listed on pages 218-397. You can use the Index in the back of the Directory to find the page where a provider or pharmacy is listed.

---

## B. Providers

### B1. Key terms

This section explains key terms in our *Provider and Pharmacy Directory*.

- ▶ **Providers** are health care professionals and support providers such as doctors, nurses, pharmacists, therapists, and other people who provide care and services. **Services** include medical care, long-term services and supports (LTSS), supplies, prescription drugs, equipment and other services.
  - The term providers also includes facilities such as hospitals, clinics, and other places that provide medical services, medical equipment, and long-term services and supports.
  - Providers that are a part of our plan's network are called **network providers**.
- ▶ **Network providers** are the providers that have contracted with us to provide services to Members in our plan. The providers in our network generally bill us directly for care they give you. When you use a network provider, you usually pay nothing for covered services.
- ▶ A **Primary Care Provider** (PCP) is a doctor or other provider who gives you routine health care. Your PCP will keep your medical records and get to know your health needs over time.

- ▶ **Specialists** are doctors who provide health care services for a specific disease or part of the body. There are many kinds of specialists. Here are a few examples:
  - Oncologists care for patients with cancer.
  - Cardiologists care for patients with heart conditions.
  - Orthopedists care for patients with certain bone, joint, or muscle conditions.
- ▶ You also have access to a **Service Coordinator** and a **Service Coordination Team** that you choose.
  - A **Service Coordinator** helps you manage your medical providers and services.
  - Your **Service Coordination Team** includes your Cigna CarePlan Service Coordinator, your providers, and other health care professionals and support staff who create and update your Plan of Care. Everyone on the service coordination team works together to make sure your care is coordinated. This means that they make sure tests and labs are done once and the results are shared with the appropriate providers. It also means that your PCP should know all medicines you take so that he or she can reduce any negative effects. Your PCP will always get your permission before sharing your medical information with other providers.

## **B2. Primary Care Provider (PCP)**

You can get services from any provider who is in our network and accepting new Members.

First, you should choose a Primary Care Provider. You may be able to have a specialist act as your PCP under certain circumstances, such as if you have a chronic health condition, disability or special health care need.

- ▶ You can do this by submitting a request through Member Services by calling 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time.
- ▶ We will contact you after the request to determine whether a specialist can act as your PCP or not.

Our plan's PCPs are affiliated with medical groups. When you choose your PCP, you are also choosing the affiliated medical group. This means that your PCP will be referring you to specialists and services that are also affiliated with his or her medical group.

- ▶ If there is a particular specialist or hospital that you want to use, it is important to find out if they are affiliated with your PCP's medical group. You can look in this Directory or ask Cigna CarePlan Member Services if the PCP you want makes referrals to that specialist or uses that hospital.
- ▶ If you don't stay within your PCP's medical group, Cigna CarePlan may not cover the service.

You can pick the following types of providers as your PCP: Family Practice, General Practice, Internal Medicine, Federally Qualified Health Center, or a Rural Health Clinic. Female Members and Members with gender-specific needs can also pick Obstetrics/Gynecology as a PCP.

To choose a PCP, go to the list of providers on page 216 and choose a provider:

- ▶ that you use now, **or**
- ▶ who has been recommended by someone you trust, **or**
- ▶ whose offices are easy for you to get to.
- ▶ If you want help in choosing a PCP, please call Member Services at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. Or, visit [careplantx.cigna.com](https://careplantx.cigna.com).
- ▶ If you have questions about whether we will pay for any medical service or care that you want or need, call Member Services and ask before you get the service or care.

### **B3. Long-term services and supports (LTSS)**

As a Cigna CarePlan Member, you may be able to get long-term services and supports (LTSS), such as daily activity health services, transportation to medical appointments, environmental accessibility adaptations to the home, personal attendant services, personal emergency response system, home delivered meals, home health aide, skilled nursing, physical therapy, occupational and speech therapy, respite care, specialized medical equipment and supplies, assisted employment and supported employment, habilitation, and assisted living services. LTSS help for people who need assistance to do everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services are provided at your home or in your community but could be provided in a nursing home or hospital.

To get LTSS, you can contact your Service Coordinator or PCP. A Service Coordinator will work with you and your Care Team to identify what services may be appropriate to meet your needs.

#### **B4. How to identify providers in Cigna CarePlan's network**

You must get all of your covered services from providers within our network that are affiliated with your PCP's medical group. If you go to providers who are not in Cigna CarePlan's network (without prior authorization or approval from us), you will have to pay the bill.

A **prior authorization** is an approval from Cigna CarePlan before you can get a specific service, drug, or use an out-of-network provider. Cigna CarePlan may not cover the service or drug if you don't get approval.

The exceptions to this rule are when you need urgent or emergency care or dialysis and cannot get to a provider in the plan, such as when you are away from home. You can also go outside the plan or your PCP's medical group for other non-emergency services if Cigna CarePlan gives you permission first.

- ▶ You may change providers within the network at any time during the year. If you have been going to one network provider, you do not have to keep going to that same provider.
  - To change your PCP, please call Member Services at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time.
  - Member Services will confirm that the PCP you want to switch to is accepting new patients.
  - We will change your Membership record to the new PCP and send you a new Member ID Card that shows the name and phone number of your new PCP.
  - The change will start on the business day after the request and will show up in the Cigna system within three business days.
- ▶ Remember, our plan's PCPs are affiliated with medical groups. If you change your PCP, you may also be changing medical groups. When you ask for the change, be sure to tell Member Services if you are using a specialist or getting other covered services that require PCP approval. Member Services will help make sure that you can continue your specialty care and other services when you change your PCP.



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](https://careplantx.cigna.com).



- ▶ Cigna CarePlan works with all the providers in our network to accommodate the needs of people with disabilities. The list of network providers below includes information about the accommodations they provide.
- ▶ If you need to see a provider and are not sure if they offer the accommodations you need, Cigna CarePlan can help you. Talk to your Service Coordinator for assistance.

## **B5. How to find Cigna CarePlan providers in your area**

To find a network provider near you:

- ▶ Identify the type of provider you are looking for. The directory is organized in the following order: Primary Care Providers, Specialists, Hospitals, Skilled Nursing Facilities (SNF), Nursing Facilities (NF), Mental Health Providers, Long-Term Services and Supports (LTSS), Ancillary Providers, Dental Providers, and Vision Providers.
- ▶ Identify the County (listed alphabetically).
- ▶ Identify the City (listed alphabetically under each County).
- ▶ Specialty Types are listed alphabetically under each City.
- ▶ Providers are listed alphabetically under each City.

## **B6. List of network providers**

This Directory of Cigna CarePlan's network providers contains:

- ▶ **Health care professionals** including primary care physicians, specialists, and mental health providers, such as outpatient behavioral health providers; **and**
- ▶ **Facilities** including hospitals, nursing facilities, and mental health facilities; **and**
- ▶ **Support providers** including those providing adaptive aids/medical equipment, adult foster care, assisted living, cognitive rehabilitation therapy, day activity and health services, dental services, emergency response services, employment assistance, financial management services, home delivered meals, minor home modifications, nursing services, occupational therapy, personal assistance services, physical therapy, respite, speech therapy, supported employment, and transition assistance services.

Providers are listed in alphabetical order by last name. You can also find the provider's name and the page for the provider's additional contact information in the Index at the end of the Directory. Providers are also listed in alphabetical order by last name in the Index. In addition to contact information, provider

listings also include specialties and skills, for example, such as languages spoken or completion of cultural competence training.

**Cultural competence training** is additional instruction for our health care providers that helps them better understand your background, values, and beliefs to adapt services to meet your social, cultural, and language needs.

### C. Cigna CarePlan’s network providers

You may get services from any of the providers on this list.

This Directory includes providers of both Medicare and Texas Medicaid services. In this Directory, some providers will have a symbol at the end of their name and/or an abbreviation below their name. Below are the symbols and abbreviations and what they mean.

Symbol	Meaning
✓	Accepting Current Patients Only
⊘	Not Accepting New Patients
★	Participates in a Quality Program (Program that rewards providers for meeting certain quality standards)
♿	Location Compliant with the Americans with Disabilities Act (ADA) (Please visit <a href="http://www.ada.gov">www.ada.gov</a> to review accessibility standards)
🚌	Accessible by Public Transportation
📍	Location Marked and Visible from Street
🐕	Location Compliant with the ADA in regard to Service Animals
	Materials Available in Braille and Large Print
ASL	Materials Available for Interpretation

**Total Number of Providers within this Directory:**

Primary Care Providers: 445

Specialists: 1595

Hospitals: 25

Skilled Nursing Facilities (SNF) / Nursing Facilities (NF): 63

Mental Health Providers: 173

Long-Term Services and Supports: 106

Ancillary Providers: 244

Dental Providers: 1

Vision Providers: 40

You may receive services from any of the providers on this list.

## C1. Primary Care Providers

<b>Independent Provider</b>
<b>Primary Care Providers</b>
<b>TX</b>
<b>Cameron</b>
<b>Brownsville</b>
<b>Family Medicine</b>

### Antonio M Diaz Jr MD

864 Central Blvd  
Ste 100  
Brownsville, TX 78520  
(956) 541-5231

Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1952582710  
Cultural Competency Training Completed: No



### Bright O Odei MD

275 E Morrison Rd  
Ste 1  
Brownsville, TX 78520  
(956) 389-6565

Non-English languages spoken: Spanish  
Provider Licensing Information: 1023423308  
Cultural Competency Training Completed: No



**ASL**

### C Lynn Anderson Jr MD

3302 Boca Chica Blvd  
Ste 109  
Brownsville, TX 78521  
(956) 982-1001

Days and hours of operation: M-F 8am-10pm;  
Sa 9am-10pm; Su 5pm-10pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1457452922  
Cultural Competency Training Completed: No



### David C Champion MD

861 Old Alice Rd  
Brownsville, TX 78520  
(956) 547-5400

Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Sudanese  
Provider Licensing Information: 1326046004  
Cultural Competency Training Completed: No



**ASL**

### Jesus R Ortiz MD

844 Central Blvd  
Ste 140  
Brownsville, TX 78520  
(956) 698-5138

Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1821245473  
Cultural Competency Training Completed: No

### Julio C Olmeda NP

275 E Morrison Rd  
Ste 2  
Brownsville, TX 78526  
(956) 435-7702

Non-English languages spoken: Spanish  
Provider Licensing Information: 1326356692  
Cultural Competency Training Completed: No

### Kelly Dor MD

275 E Morrison Rd  
Ste 1  
Brownsville, TX 78520  
(956) 389-6565

Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1215323043  
Cultural Competency Training Completed: No



**ASL**

### Manuel J Sanchez MD

110 A Uptown Ave  
Brownsville, TX 78520  
(956) 350-5633

Days and hours of operation: M-Th 8am-4pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1669485504  
Cultural Competency Training Completed: No

### Misael Tollen-Irizarry MD

275 E Morrison Rd  
Ste 1  
Brownsville, TX 78520  
(956) 389-6565

Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1174978233  
Cultural Competency Training Completed: No



**ASL**

### Misael Tollen-Irizarry MD

275 E Morrison Rd  
Ste 1  
Brownsville, TX 78526  
(956) 389-6565

Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1174978233  
Cultural Competency Training Completed: No

### Paul A Lenz MD

3302 Boca Chica Blvd  
Ste 109  
Brownsville, TX 78521  
(956) 982-1001  
Non-English languages spoken: German, Spanish  
Provider Licensing Information: 1669446175  
Cultural Competency Training Completed: No

### Teresa G Saavedra DO

10 Providencia Ct  
Ste 3  
Brownsville, TX 78526  
(956) 413-6162

Days and hours of operation: M-F 9am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1255676151  
Cultural Competency Training Completed: No



### General Practice

### Bradley W Nordyke MD

425 E Los Ebanos Blvd  
Ste 100  
Brownsville, TX 78520  
(956) 546-3116

Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1972560423  
Cultural Competency Training Completed: YES



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),

7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit

[careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

TX (cont.)	Internal Medicine	Miguel A Molinas MD	Harlingen
Cameron (cont.)			Family Medicine
Brownsville (cont.)			
General Practice (cont.)			
<p><b>Bradley W Nordyke MD</b> 4970 N Expressway Ste A Brownsville, TX 78526 (956) 346-8011 Days and hours of operation: M-F 9am-6:30pm; Sa 9am-12pm Provider Licensing Information: 1972560423 Cultural Competency Training Completed: YES </p>	<p><b>Alejandra Ponce DO</b> 2449 Boca Chica Blvd Ste C Brownsville, TX 78521 (956) 350-2973 Days and hours of operation: M-Th 9am-5pm Non-English languages spoken: Spanish Provider Licensing Information: 1740549237 Cultural Competency Training Completed: No </p>	<p>5235 Southmost Rd Ste A Brownsville, TX 78521 (956) 544-0977 Days and hours of operation: M-F 8am-5pm Non-English languages spoken: Spanish Provider Licensing Information: 1841389087 Cultural Competency Training Completed: No</p>	<p><b>Antonio Martinez MD</b> 707 W Sesame Dr Harlingen, TX 78550 (956) 423-8042 Days and hours of operation: M-F 8am-5pm Provider Licensing Information: 1497012926 Cultural Competency Training Completed: No     <b>ASL</b></p>
<p><b>Gregory P Johnson MD</b> 3302 Boca Chica Blvd Brownsville, TX 78521 (956) 982-1001 Days and hours of operation: M-F 8am-10pm; Sa 9am-10pm; Su 5pm-10pm Non-English languages spoken: Spanish Provider Licensing Information: 1801985056 Cultural Competency Training Completed: No  <b>ASL</b></p>	<p><b>Francis M Gumbel MD</b> 26 S Coria St Ste B Brownsville, TX 78520 (956) 546-4234 Days and hours of operation: M-F 8am-5pm Non-English languages spoken: Spanish Provider Licensing Information: 1912975251 Cultural Competency Training Completed: No </p>	<p><b>Ricardo A Adames MD</b> 4970 N Expressway Ste D Brownsville, TX 78526 (956) 350-2050 Days and hours of operation: M-F 8am-5pm Non-English languages spoken: Spanish Provider Licensing Information: 1306806468 Cultural Competency Training Completed: No  </p>	<p><b>Arber Nuhaj MD</b> 2222 Benwood St Harlingen, TX 78550 (956) 389-2440 Days and hours of operation: M-F 8am-5pm Provider Licensing Information: 1497166714 Cultural Competency Training Completed: No</p>
<p><b>Gregory P Johnson MD</b> 3302 Boca Chica Blvd Ste 109 Brownsville, TX 78521 (956) 982-1001 Days and hours of operation: M-F 8pm-10pm; Sa 9am-10pm; Su 5pm-10pm Non-English languages spoken: Spanish Provider Licensing Information: 1801985056 Cultural Competency Training Completed: No <b>ASL</b></p>	<p><b>Lilia H Hernandez MD</b> 302 Lorenaly Dr Ste G Brownsville, TX 78526 (956) 525-7310 Days and hours of operation: M-F 9am-5pm Non-English languages spoken: Spanish Provider Licensing Information: 1477785897 Cultural Competency Training Completed: No   </p>	<p><b>Ronaldo D Factoriza MD</b> 680 Paredes Line Rd Brownsville, TX 78521 (956) 541-9499 Days and hours of operation: M-F 7:30am-4:30pm Provider Licensing Information: 1285607275 Cultural Competency Training Completed: No </p>	<p><b>Brian M Odonnell MD</b> 597 W Sesame Dr Ste B Harlingen, TX 78550 (956) 423-3343 Provider Licensing Information: 1104825678 Cultural Competency Training Completed: No</p>
		<p><b>Sundeep G Reddy MD</b> 2300 Central Blvd Brownsville, TX 78520 (956) 544-3226 Non-English languages spoken: Spanish Provider Licensing Information: 1992709513 Cultural Competency Training Completed: No</p>	<p><b>Bright O Odei MD</b> 597 W Sesame Dr Ste B Harlingen, TX 78550 (956) 423-3343 Non-English languages spoken: Spanish Provider Licensing Information: 1023423308 Cultural Competency Training Completed: No</p>



If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),

7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit

[careplantx.cigna.com](http://careplantx.cigna.com).



## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Cameron (cont.)</b>
<b>Harlingen (cont.)</b>
<b>Family Medicine (cont.)</b>

**Bright O Odei MD**  
1722 S Carolina St  
Ste B  
Harlingen, TX 78550  
(956) 202-0711  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023423308  
Cultural Competency Training Completed: No

**Bruce A Leibert MD**  
2222 Benwood St  
Harlingen, TX 78550  
(956) 389-2440  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1386639672  
Cultural Competency Training Completed: No

**C Lynn Anderson Jr MD**  
1214 Dixieland Rd  
Ste 8  
Harlingen, TX 78552  
(956) 440-7236  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1457452922  
Cultural Competency Training Completed: No



**Carolina Gomez DE Ziegler MD**  
2106 Treasure Hills Blvd  
Ste 1-326  
Harlingen, TX 78550  
(956) 296-1519  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1669993143  
Cultural Competency Training Completed: No



**David C Champion MD**  
103 N Loop 449  
Harlingen, TX 78550  
(956) 364-6500  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Sudanese  
Provider Licensing Information: 1326046004  
Cultural Competency Training Completed: No

**ASL**

**Dora A Martinez MD**  
2306 Camelot Plaza Cir  
Harlingen, TX 78550  
(956) 428-2653  
Days and hours of operation: M, W, F 8am-5pm; T, Th 8am-8pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1811217003  
Cultural Competency Training Completed: No

**Eddy Berges Chez MD**  
5505 S Expressway 77  
Ste 205  
Harlingen, TX 78550  
(956) 421-2757  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1275080103  
Cultural Competency Training Completed: No

**Eduardo Uribe MD**  
2101 Pease St  
Harlingen, TX 78550  
(956) 389-5000  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1215201132  
Cultural Competency Training Completed: No



**Eduardo Uribe MD**  
2222 Benwood St  
Harlingen, TX 78550  
(956) 389-2440  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1215201132  
Cultural Competency Training Completed: No

**Eron G Manusov MD**  
2106 Treasure Hills Blvd  
Ste 1326  
Harlingen, TX 78550  
(833) 887-4863  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1477523447  
Cultural Competency Training Completed: No



**Eron G Manusov MD**  
2106 Treasure Hills Blvd  
Ste 1-326  
Harlingen, TX 78550  
(956) 296-1519  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1477523447  
Cultural Competency Training Completed: No



**Ester Guzman NP**  
2106 Treasure Hills Blvd  
Ste 1326  
Harlingen, TX 78550  
(956) 296-1560  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1508385808  
Cultural Competency Training Completed: No




**Ferdinand L Magno MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 247-7000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1871545715  
Cultural Competency Training Completed: No




**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Cameron (cont.)</b>
<b>Harlingen (cont.)</b>
<b>Family Medicine (cont.)</b>

**Ferdinand L Magno MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 440-8470  
Days and hours of operation: M-F 8am-7:30pm; Sa 8am-12pm; Su 5pm-7:30pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1871545715  
Cultural Competency Training Completed: No  
 **ASL**

**Frank Torres MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 247-7000  
Days and hours of operation: M-F 8am-7:30pm; Sa 8am-12pm; Su 5pm-7:30pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1972500551  
Cultural Competency Training Completed: No  
 **ASL**

**Homero O Aguilar MD**  
321 S 13th St  
Harlingen, TX 78550  
(956) 423-0165  
Days and hours of operation: M-T 8am-5pm; W-F 8am-12pm  
Provider Licensing Information: 1962471540  
Cultural Competency Training Completed: No

**Jason E Peters MD**  
2106 Hale Ave  
Harlingen, TX 78550  
(956) 423-9111  
Days and hours of operation: M-Th 8am-5:30pm; F 8am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1083638779  
Cultural Competency Training Completed: No

**Jason E Peters MD**  
2106 Hale Ave  
Harlingen, TX 78550  
(956) 423-9111  
Days and hours of operation: M-Th 8am-5:30pm; F 8am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1083638779  
Cultural Competency Training Completed: No

**Jesus Rodriguez MD**  
2222 Benwood St  
Harlingen, TX 78550  
(956) 389-2440  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1003227018  
Cultural Competency Training Completed: No


**Joy A Kroes MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 440-8470  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1346568136  
Cultural Competency Training Completed: No  
 **ASL**

**Juan A Maldonado MD**  
2106 Hale Ave  
Harlingen, TX 78550  
(956) 423-9111  
Days and hours of operation: M-Th 7:30am-5pm; F 8am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1114901626  
Cultural Competency Training Completed: No


**Julio C Olmeda NP**  
2121 Pease St  
Ste 304  
Harlingen, TX 78550  
(956) 444-1270  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1326356692  
Cultural Competency Training Completed: No

**Nina L Torkelson MD**  
2222 Benwood St  
Harlingen, TX 78550  
(956) 389-2440  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1730328550  
Cultural Competency Training Completed: No

**Norma L Schacherl DO**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 247-7000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1649277203  
Cultural Competency Training Completed: No  
 **ASL**

**Priscilla Velazquez NP**  
707 W Sesame Dr  
Harlingen, TX 78550  
(956) 423-8042  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1063821734  
Cultural Competency Training Completed: No  
 **ASL**

**Raul Reyes Jr MD**  
707 W Sesame Dr  
Harlingen, TX 78550  
(956) 423-8042  
Provider Licensing Information: 1942560594  
Cultural Competency Training Completed: No  
 **ASL**

**Raul Reyes Jr MD**  
2101 Pease St  
Harlingen, TX 78550  
(956) 389-5000  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1942560594  
Cultural Competency Training Completed: No  
 **ASL**

**Ricardo A Ochoa MD**  
632 N Ed Carey Dr  
Ste 200  
Harlingen, TX 78550  
(956) 421-4966  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1841270865  
Cultural Competency Training Completed: No



If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit [careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Cameron (cont.)</b>
<b>Harlingen (cont.)</b>
<b>Family Medicine (cont.)</b>

**Stephanie H Garcia MD**  
5505 S Expressway 77  
Ste 303  
Harlingen, TX 78550  
(956) 428-7500  
Days and hours of operation: M-Th 7am-4pm; F 7am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1679533152  
Cultural Competency Training Completed: No

**Suja Perakathu MD**  
597 W Sesame Dr  
Ste B  
Harlingen, TX 78550  
(956) 423-3343  
Days and hours of operation: M, F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1972897874  
Cultural Competency Training Completed: No

**Sumit S Perakathu MD**  
2222 Benwood St  
Harlingen, TX 78550  
(956) 389-2440  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1326427782  
Cultural Competency Training Completed: No

**Timothy C Bothwell MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 440-8470  
Days and hours of operation: M-F 8am-7:30pm; Sa 8am-12pm; Su 5pm-7:30pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1780680850  
Cultural Competency Training Completed: No

**ASL**

**Timothy C Bothwell MD**  
721 W Harrison Ave  
Harlingen, TX 78550  
(956) 247-7000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1780680850  
Cultural Competency Training Completed: No

### General Practice

**Gregory P Johnson MD**  
1214 Dixieland Rd  
Ste 8  
Harlingen, TX 78552  
(956) 423-7000  
Days and hours of operation: M-F 8am-8pm; Sa 9am-2pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1801985056  
Cultural Competency Training Completed: No

**ASL**

### Geriatric Medicine

**Laura E Garcia MD**  
1401 S Rangerville Rd  
Harlingen, TX 78552  
(956) 364-8000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1902043318  
Cultural Competency Training Completed: No

### Internal Medicine

**Carlos T Ramos Jr MD**  
2102 Treasure Hills Blvd  
Harlingen, TX 78550  
(956) 296-1491  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1154769701  
Cultural Competency Training Completed: No

**Carlos T Ramos Jr MD**  
2101 Pease St  
Bldg A Ste 200 Medical Arts Pavilion  
Harlingen, TX 78550  
(956) 296-7710  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1154769701  
Cultural Competency Training Completed: No

**Christopher Romero MD**  
2101 Pease St  
Harlingen, TX 78550  
(956) 389-6565  
Provider Licensing Information: 1053671263  
Cultural Competency Training Completed: No

**Diana H Lozano MD**  
5505 S Expressway 77  
Ste 203  
Harlingen, TX 78550  
(956) 440-2800  
Days and hours of operation: M-Th 8am-5pm; F 8am-4pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1184620247  
Cultural Competency Training Completed: No

**Julio A Savinon MD**  
5505 S Expressway 77  
Ste 205  
Harlingen, TX 78550  
(956) 421-2757  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1851357354  
Cultural Competency Training Completed: No

**Laura E Garcia MD**  
1401 S Rangerville Rd  
Harlingen, TX 78552  
(956) 364-8000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1902043318  
Cultural Competency Training Completed: No





**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).



## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Cameron (cont.)</b>
<b>Harlingen (cont.)</b>
<b>Internal Medicine (cont.)</b>

**Luis A Reynoso MD**  
2401 N Ed Carey Dr  
Ste C  
Harlingen, TX 78550  
(956) 425-7800  
Days and hours of  
operation: M-F 8:30am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1063402741  
Cultural Competency  
Training Completed: No  


**Robert C Minor MD**  
1713 Treasure Hills Blvd  
Ste 2d  
Harlingen, TX 78550  
(956) 425-4982  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1972502599  
Cultural Competency  
Training Completed: No  
    **ASL**

<b>La Feria</b>
<b>Family Medicine</b>





**Bright O Odei MD**  
200 W 1st St  
Ste B  
La Feria, TX 78559  
(956) 370-7169  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1023423308  
Cultural Competency  
Training Completed: No


**Mario A Sanchez DO**  
106 N Main St  
La Feria, TX 78559  
(956) 797-2002  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1205804911  
Cultural Competency  
Training Completed: No

<b>Laguna Vista</b>
<b>Family Medicine</b>

**Eron G Manusov MD**  
723 Santa Isabel Blvd  
Laguna Vista, TX 78578  
(956) 296-5889  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1477523447  
Cultural Competency  
Training Completed: No  
 

<b>Los Fresnos</b>
<b>Rural Health Clinic</b>

**Los Fresnos Medicine**  
725 W Ocean Blvd  
Los Fresnos, TX 78566  
(956) 233-3443  
Days and hours of  
operation: M, T, Th  
8:30am-5:30pm; W, F  
8:30am-1pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1750374526  
Cultural Competency  
Training Completed: No  
    **ASL**





**Los Fresnos Medicine**  
725 W Ocean Blvd  
Los Fresnos, TX 78566  
(956) 233-3443  
Days and hours of  
operation: M, T, Th  
8:30am-5:30pm; W, F  
8:30am-1pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1750374526  
Cultural Competency  
Training Completed: No  
    **ASL**

<b>Port Isabel</b>
<b>Family Medicine</b>





**Hector E Munoz MD**  
723 Santa Isable Blvd  
Port Isabel, TX 78578  
(956) 296-5889  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1740643931  
Cultural Competency  
Training Completed: No  
   

**Miguel A Tello MD**  
723 Santa Isable Blvd  
Port Isabel, TX 78578  
(956) 296-5889  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1356461719  
Cultural Competency  
Training Completed: No  
   





<b>Internal Medicine</b>
--------------------------

**William H Torkildsen MD**  
202 2nd St  
Port Isabel, TX 78578  
(956) 943-1774  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1740287051  
Cultural Competency  
Training Completed: No  
    **ASL**

<b>Rural Health Clinic</b>
----------------------------

**Port Isabel Health Clinic**  
202 2nd St  
Port Isabel, TX 78578  
(956) 943-1774  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1962536573  
Cultural Competency  
Training Completed: No  
    **ASL**

<b>Rio Hondo</b>
<b>Rural Health Clinic</b>


**Los Fresnos Medicine**  
29099 Fm 106  
Rio Hondo, TX 78583  
(956) 748-2381  
Days and hours of  
operation: W 8:30am-1pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1750374526  
Cultural Competency  
Training Completed: No  
    **ASL**



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),  
7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit  
[careplantx.cigna.com](http://careplantx.cigna.com).


## C1. Primary Care Providers


<b>TX (cont.)</b>
<b>Cameron (cont.)</b>
<b>Rio Hondo (cont.)</b>
<b>Rural Health Clinic (cont.)</b>

**Rio Hondo Medicine**  
29099 Hwy 106  
Rio Hondo, TX 78583  
(956) 748-2381  
Days and hours of operation: M, T, Th 8:30am-6pm; W, F 8:30am-1pm; Sa 8am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1972596740  
Cultural Competency Training Completed: No  
 **ASL**

<b>San Benito</b>
<b>Family Medicine</b>

**Bright O Odei MD**  
1141 Us Hwy 77  
Ste B  
San Benito, TX 78586  
(956) 416-5900  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023423308  
Cultural Competency Training Completed: No

**Ferdinand L Magno MD**  
351 N Sam Houston Blvd  
San Benito, TX 78586  
(956) 247-7000  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1871545715  
Cultural Competency Training Completed: No  
 **ASL**


**Joy A Kroes MD**  
351 N Sam Houston Blvd  
San Benito, TX 78586  
(956) 247-7000  
Days and hours of operation: M-F 7:45am-5pm; Sa 7:45am-11:30am  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1346568136  
Cultural Competency Training Completed: No  
 **ASL**

**Norma L Schacherl DO**  
351 N Sam Houston Blvd  
San Benito, TX 78586  
(956) 247-7000  
Days and hours of operation: M-F 7:45am-5pm; Sa 7:45am-11:30am  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1649277203  
Cultural Competency Training Completed: No  
 **ASL**

**Rafael Lopez MD**  
351 N Sam Houston Blvd  
San Benito, TX 78586  
(956) 247-7000  
Days and hours of operation: M-F 7:30am-4:30pm; Sa 7:30am-11:30pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1609873058  
Cultural Competency Training Completed: No  
 **ASL**


**Raul Reyes Jr MD**  
1141 Us Hwy 77  
Ste B  
San Benito, TX 78586  
(956) 416-5900  
Provider Licensing Information: 1942560594  
Cultural Competency Training Completed: No

<b>Internal Medicine</b>
--------------------------

**Joel J Pallapati MD**  
1141 Us Hwy 77  
Ste B  
San Benito, TX 78586  
(956) 389-5000  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1730192816  
Cultural Competency Training Completed: No  


<b>Hidalgo</b>
<b>Alamo</b>
<b>Family Medicine</b>

**Abdias D Etienne MD**  
1449 W Duranta Ave  
Ste 3  
Alamo, TX 78516  
(956) 283-0566  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: French, Spanish  
Provider Licensing Information: 1972764827  
Cultural Competency Training Completed: No

**Audrey L Jones DO**  
803 Main St  
Alamo, TX 78516  
(956) 325-3138  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1699956748  
Cultural Competency Training Completed: No  
 **ASL**

**Audrey L Jones DO**  
801 Main St  
Alamo, TX 78516  
(956) 325-3138  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1699956748  
Cultural Competency Training Completed: No


**Rene Vela MD**  
427 E Duranta Ave  
Ste 103  
Alamo, TX 78516  
(956) 781-5590  
Days and hours of operation: M-F 8am-5pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1346353414  
Cultural Competency Training Completed: No



If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit [careplantx.cigna.com](http://careplantx.cigna.com).


## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Alton</b>
<b>Family Medicine</b>

**Anna A Atencio DO**  
306 E Main Ave  
Ste 5 And 6  
Alton, TX 78573  
(956) 424-7655  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Tagalog  
Provider Licensing Information: 1457791618  
Cultural Competency Training Completed: No  


**Brenda L Salinas MD**  
306 E Main Ave  
Ste 5 And 6  
Alton, TX 78573  
(956) 424-7655  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1861436263  
Cultural Competency Training Completed: No  





**Fuad Zayed MD**  
3012 E Main Ave  
Ste F  
Alton, TX 78573  
(956) 432-0150  
Days and hours of operation: M-F 8:30am-10pm; Sa 8:30am-12:30pm  
Non-English languages spoken: Arabic, Spanish  
Provider Licensing Information: 1356342190  
Cultural Competency Training Completed: No  
 **ASL**





**Luis A Uresti MD**  
306 E Main Ave  
Ste 5 And 6  
Alton, TX 78573  
(956) 424-7655  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1477087039  
Cultural Competency Training Completed: No  



<b>Brownsville</b>
<b>Family Medicine</b>





**Sylvia Salinas NP**  
2155 Paredes Line Rd  
Brownsville, TX 78521  
(956) 296-2925  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1356633135  
Cultural Competency Training Completed: No



<b>Donna</b>
<b>Family Medicine</b>




**Aracely Cadena-Garza MD**  
2010 E Business Highway 83  
Donna, TX 78537  
(956) 461-6666  
Days and hours of operation: M-F 8am-9pm; Sa 4pm-9pm; Su 4pm-9pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1043460124  
Cultural Competency Training Completed: No  
  



**Ashley C Bose MD**  
701 N Main St  
Ste B  
Donna, TX 78537  
(956) 464-3649  
Days and hours of operation: M-F 8:30am-9pm; Sa 9am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
    **ASL**

**Belinda Castillo NP**  
307 N D Salinas Ave  
Donna, TX 78537  
(956) 464-2402  
Days and hours of operation: M-F 8am-5pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1558651893  
Cultural Competency Training Completed: No  
 **ASL**

**Regis Gener NP**  
701 N Main St  
Ste B  
Donna, TX 78537  
(956) 464-3649  
Days and hours of operation: M-F 8:30am-9pm; Sa 9am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
    **ASL**

**Roberto M Lopez MD**  
307 N D Salinas Ave  
Donna, TX 78537  
(956) 464-2402  
Days and hours of operation: M-F 8am-5pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1740662840  
Cultural Competency Training Completed: No  
   **ASL**

**Rosa V Manrique MD**  
2010 E Business Highway 83  
Donna, TX 78537  
(956) 461-6666  
Days and hours of operation: M-F 8am-9pm; Sa 5pm-9pm; Su 5pm-9pm  
Provider Licensing Information: 1811329493  
Cultural Competency Training Completed: No  
  

**Rosa V Manrique MD**  
307 N D Salinas Ave  
Donna, TX 78537  
(956) 464-2402  
Days and hours of operation: M-F 8am-5pm; Sa 8am-12pm  
Provider Licensing Information: 1811329493  
Cultural Competency Training Completed: No  
 



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Donna (cont.)</b>
<b>Internal Medicine</b>

**Fedora E Paulet MD**  
702 E Expressway 83  
Ste A5  
Donna, TX 78537  
(956) 461-0315  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1790735777  
Cultural Competency Training Completed: No

**Jose D Bejarano MD**  
307 N D Salinas Ave  
Donna, TX 78537  
(956) 464-2402  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1518168772  
Cultural Competency Training Completed: No

**Jose F Pena MD**  
2010 E Business Highway 83  
Donna, TX 78537  
(956) 461-6666  
Days and hours of operation: M-F 8am-9pm; Sa 5pm-9pm; Su 5pm-9pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1205875721  
Cultural Competency Training Completed: No

<b>Edinburg</b>
<b>Family Medicine</b>

**Alejandro Bocanegra MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of operation: M-F 7am-9pm; Sa 8am-12pm  
Provider Licensing Information: 1861886368  
Cultural Competency Training Completed: No

**Alejandro Bocanegra MD**  
1214 W Schunior St  
Edinburg, TX 78541  
(956) 296-1731  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1861886368  
Cultural Competency Training Completed: No

**Anna A Atencio DO**  
1200 S 10th Ave  
Edinburg, TX 78539  
(956) 292-0781  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Tagalog  
Provider Licensing Information: 1457791618  
Cultural Competency Training Completed: No

**Ashley C Bose MD**  
1903 E Monte Cristo Rd  
Edinburg, TX 78542  
(956) 259-0405  
Days and hours of operation: M-F 8:30am-9pm; Sa 9am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No

**Ashley C Bose MD**  
5003 S Alamo Rd  
Edinburg, TX 78542  
(956) 223-2555  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No

**Ashley C Bose MD**  
514 S Closner Blvd  
Edinburg, TX 78539  
(956) 287-2300  
Days and hours of operation: M-F 8:30am-9pm; Sa 1pm-9pm; Su 1pm-9pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No

**Ashley E Hovar NP**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of operation: M-F 7am-9pm; Sa 8am-12pm  
Provider Licensing Information: 1851715718  
Cultural Competency Training Completed: No

**Chris Casso MD**  
4001 S Sugar Rd  
Ste B  
Edinburg, TX 78539  
(956) 603-1515  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1568543866  
Cultural Competency Training Completed: No

**Claudia V Colmenares MD**  
4422 S McColl Rd  
Edinburg, TX 78539  
(956) 800-4378  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1518320324  
Cultural Competency Training Completed: No

**Dario Arango MD**  
5215 S McColl Rd  
Edinburg, TX 78539  
(956) 631-7100  
Days and hours of operation: M-Th 6am-6pm; F 7am-6pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1437151289  
Cultural Competency Training Completed: No

**David Schnaiderman MD**  
4114 Crosspoint Blvd  
Edinburg, TX 78539  
(956) 271-0660  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1982808572  
Cultural Competency Training Completed: No







If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit [careplantx.cigna.com](http://careplantx.cigna.com).




## C1. Primary Care Providers




<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Edinburg (cont.)</b>
<b>Family Medicine (cont.)</b>

**Enrique J Griego MD**  
404 S Veterans Blvd  
Ste A  
Edinburg, TX 78539  
(956) 287-8500  
Days and hours of operation: M-Th 7:30am-5pm; F 7:30am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1164432506  
Cultural Competency Training Completed: YES  


**Eron G Manusov MD**  
3341 E Richardson Rd  
Edinburg, TX 78542  
(956) 318-2915  
Days and hours of operation: M-Th 9am-6pm; F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1477523447  
Cultural Competency Training Completed: No  
   **ASL**


**Ester Guzman NP**  
1214 W Schunior St  
Edinburg, TX 78541  
(956) 296-1731  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1508385808  
Cultural Competency Training Completed: No  
 **ASL**


**Ester Guzman NP**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of operation: M-Th 8am-9pm; Sa 8am-12pm  
Provider Licensing Information: 1508385808  
Cultural Competency Training Completed: No


**Heidi Y Pareja MD**  
1214 W Schunior St  
Edinburg, TX 78539  
(956) 296-1731  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1164861316  
Cultural Competency Training Completed: No  
  


**Henrietta J Peynado NP**  
2655 Cornerstone Blvd  
Edinburg, TX 78539  
(956) 362-3795  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023310596  
Cultural Competency Training Completed: No  
  **ASL**




**Henrietta J Peynado NP**  
2717 Michael Angelo Dr  
Ste 200  
Edinburg, TX 78539  
(956) 362-3780  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023310596  
Cultural Competency Training Completed: No

**Jimmy G Gonzales MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-1431  
Provider Licensing Information: 1740506385  
Cultural Competency Training Completed: No  


**Kristan T Diaz Rios MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-1431  
Provider Licensing Information: 1326396078  
Cultural Competency Training Completed: No  


**Laura E Manzanilla MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-1431  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1770891020  
Cultural Competency Training Completed: No  


**Letreise D Winkfield MD**  
4829 S Jackson Rd  
Edinburg, TX 78539  
(956) 682-0091  
Days and hours of operation: M-F 8am-4:30pm  
Non-English languages spoken: German, Spanish  
Provider Licensing Information: 1720095284  
Cultural Competency Training Completed: No  


**Liezet A Cepeda MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of operation: M, Th, F 8am-5pm  
Provider Licensing Information: 1588027858  
Cultural Competency Training Completed: No  
  

**Luis A Uresti MD**  
4001 S Sugar Rd  
Ste B  
Edinburg, TX 78539  
(956) 603-1515  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1477087039  
Cultural Competency Training Completed: No

**Maria C Arango MD**  
5407 S McColl Rd  
Ste B  
Edinburg, TX 78539  
(956) 587-0088  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1053313809  
Cultural Competency Training Completed: No



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Edinburg (cont.)</b>
<b>Family Medicine (cont.)</b>

**Maria C Arango MD**  
5215 S McColl Rd  
Edinburg, TX 78539  
(956) 631-7100  
Days and hours of operation: M-Th 6am-6pm; F 7am-6pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1053313809  
Cultural Competency Training Completed: No

**Marissa L Gomez-Martinez MD**  
1601 E Sprague St  
Edinburg, TX 78542  
(956) 378-9290  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1407823248  
Cultural Competency Training Completed: No

**Miranda Caquias NP**  
5003 S Alamo Rd  
Edinburg, TX 78542  
(956) 223-2555  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1255961520  
Cultural Competency Training Completed: No

**Miranda Caquias NP**  
514 S Closner Blvd  
Edinburg, TX 78539  
(956) 287-2300  
Days and hours of operation: M-F 8:30am-9pm; Sa 9am-6pm; Su 4pm-8pm  
Provider Licensing Information: 1255961520  
Cultural Competency Training Completed: No

**Naomi J D'acolaste MD**  
3804 S Jackson Rd Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of operation: M-F 8am-9pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1073855698  
Cultural Competency Training Completed: No

**Regis Gener NP**  
5003 S Alamo Rd  
Edinburg, TX 78542  
(956) 223-2555  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No

**Regis Gener NP**  
514 S Closner Blvd  
Edinburg, TX 78539  
(956) 287-2300  
Days and hours of operation: M-F 8:30am-9pm; Sa 9am-6pm; Su 4pm-8pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No

**Regis Gener NP**  
1903 E Monte Cristo Rd  
Edinburg, TX 78542  
(956) 259-0405  
Days and hours of operation: M-F 8:30am-9pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No

**Ricardo J Garza NP**  
1601 E Sprague St  
Edinburg, TX 78542  
(956) 378-9290  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1497258818  
Cultural Competency Training Completed: No

**Rolando Yarritu MD**  
1200 S 10th Ave  
Edinburg, TX 78539  
(956) 292-0781  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1376659243  
Cultural Competency Training Completed: No

**Sobia Nasir MD**  
702 W University Dr  
Edinburg, TX 78539  
(956) 383-0714  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish, Urdu  
Provider Licensing Information: 1710139712  
Cultural Competency Training Completed: No

**Sobia Nasir MD**  
815 S Closner Blvd  
Edinburg, TX 78539  
(956) 383-0714  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish, Urdu  
Provider Licensing Information: 1710139712  
Cultural Competency Training Completed: No

**Sonya M Saenz MD**  
1214 W Schunior St  
Edinburg, TX 78539  
(956) 296-1731  
Provider Licensing Information: 1245694868  
Cultural Competency Training Completed: No


**Sonya M Saenz MD**  
3341 Richardson Rd  
Edinburg, TX 78539  
(956) 318-2915  
Provider Licensing Information: 1245694868  
Cultural Competency Training Completed: No




**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Edinburg (cont.)</b>
<b>Family Medicine (cont.)</b>

**Sonya M Saenz MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Days and hours of  
operation: M-F 8am-5pm  
Provider Licensing  
Information: 1245694868  
Cultural Competency  
Training Completed: No  


**Tabatha A Garza NP**  
702 W University Dr  
Edinburg, TX 78539  
(956) 383-0714  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1710466826  
Cultural Competency  
Training Completed: No  



**Veronica L Salazar MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-1431  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1972997963  
Cultural Competency  
Training Completed: No  



**Veronica L Salazar MD**  
1214 W Schunior St  
Edinburg, TX 78539  
(956) 296-1731  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1972997963  
Cultural Competency  
Training Completed: No  


### Geriatric Medicine


**Laura E Garcia MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1902043318  
Cultural Competency  
Training Completed: No


### Internal Medicine

**Andres E Arboleda  
Morejon MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of  
operation: M-F 8am-5pm  
Provider Licensing  
Information: 1154855815  
Cultural Competency  
Training Completed: No  


**Antonio Wong MD**  
122 W Champion St  
Edinburg, TX 78539  
(956) 287-1207  
Days and hours of  
operation: M-Th 8am-6pm;  
F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1932206315  
Cultural Competency  
Training Completed: No  


**Aref Qureini MD**  
5423 S McColl Rd  
Edinburg, TX 78539  
(956) 296-7710  
Days and hours of  
operation: M-F 8am-5pm  
Provider Licensing  
Information: 1437681251  
Cultural Competency  
Training Completed: No


**Aref Qureini MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Provider Licensing  
Information: 1437681251  
Cultural Competency  
Training Completed: No  


**Arturo Martinez III MD**  
230 Conquest  
Ste H1  
Edinburg, TX 78539  
(956) 378-9315  
Days and hours of  
operation: M-F 8am-5pm  
Provider Licensing  
Information: 1649563925  
Cultural Competency  
Training Completed: No  


**Dona E Cooper-Dockery  
MD**  
1154 W Monte Cristo Rd  
Edinburg, TX 78541  
(956) 287-9797  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1003093147  
Cultural Competency  
Training Completed: No

**Evan D Perez MD**  
1201 W University Dr  
Edinburg, TX 78539  
(956) 665-2221  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1437561412  
Cultural Competency  
Training Completed: No

**Evan D Perez MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1437561412  
Cultural Competency  
Training Completed: No

**Jose D Bejarano MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of  
operation: M-F 8am-5pm  
Non-English languages  
spoken: Spanish  
Provider Licensing  
Information: 1518168772  
Cultural Competency  
Training Completed: No  




If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),  
7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit  
[careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Edinburg (cont.)</b>
<b>Internal Medicine (cont.)</b>

**Juan J Castano Jr MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1427404839  
Cultural Competency Training Completed: No  
🚗 **ASL**

**Juan J Salazar MD**  
5423 S McColl Rd  
Edinburg, TX 78539  
(956) 362-3575  
Days and hours of operation: M-Th 8am-5pm; F 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1003804741  
Board Certified: American Board Of Internal Medicine  
Cultural Competency Training Completed: No

**Laura E Garcia MD**  
3804 S Jackson Rd  
Ste 2  
Edinburg, TX 78539  
(956) 296-3021  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1902043318  
Cultural Competency Training Completed: No

**Martinez C Gutierrez MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of operation: M-F 8am-9pm; Sa 8am-12pm  
Provider Licensing Information: 1700263456  
Cultural Competency Training Completed: No  
🚗 **ASL**

**Michelle Lopez MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1710333620  
Cultural Competency Training Completed: No  
🚗 **ASL**

**Nevin A Varghese MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1063943363  
Cultural Competency Training Completed: No  
🚗 **ASL**

**Padmini Bhadriraju MD**  
5215 S McColl Rd  
Edinburg, TX 78539  
(956) 631-7100  
Days and hours of operation: M-F 8am-4pm  
Non-English languages spoken: Divehi, Hindi, Spanish  
Provider Licensing Information: 1518991447  
Cultural Competency Training Completed: No  
🚗

**Ruben G Mohme MD**  
230 Conquest  
Ste 300  
Edinburg, TX 78539  
(956) 378-9315  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1376614396  
Cultural Competency Training Completed: No

**Socrates A Garrigos MD**  
5111 S McColl Rd  
Edinburg, TX 78539  
(956) 683-0404  
Days and hours of operation: M-F 8am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1821052499  
Cultural Competency Training Completed: No

**Timothy R Heath MD**  
5423 S McColl Rd  
Edinburg, TX 78596  
(956) 362-3575  
Days and hours of operation: M 9am-5pm; T-F 8am-5pm  
Provider Licensing Information: 1053315598  
Cultural Competency Training Completed: No  
🚗 **ASL**

**Ursula P Liang MD**  
5501 S McColl Rd  
Edinburg, TX 78539  
(956) 362-8677  
Provider Licensing Information: 1710292859  
Cultural Competency Training Completed: No  
🚗 📞

<b>Elsa</b>
<b>Family Medicine</b>

**Aracely Cadena-Garza MD**  
101 S Broadway  
Elsa, TX 78543  
(956) 262-1304  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1043460124  
Cultural Competency Training Completed: No  
🚗 📞

**Belinda Castillo NP**  
101 S Broadway  
Elsa, TX 78543  
(956) 262-1304  
Days and hours of operation: M-F 8am-9pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1558651893  
Cultural Competency Training Completed: No  
🚗 📞

**Luis Delgado Jr MD**  
410 S Broadway  
Elsa, TX 78543  
(956) 262-9940  
Days and hours of operation: M-F 7:30am-5pm; Sa 7:30am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1114922499  
Cultural Competency Training Completed: No




**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).



## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Elsa (cont.)</b>
<b>Family Medicine (cont.)</b>

**Luis Delgado Jr MD**  
119 Retama St  
Ste D  
Elsa, TX 78543  
(956) 262-9940  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1114922499  
Cultural Competency Training Completed: No  


**Ricardo A Ochoa MD**  
523 W Edinburg  
Ste 6-7  
Elsa, TX 78543  
(956) 262-9601  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1841270865  
Cultural Competency Training Completed: No

**Rosa V Manrique MD**  
101 S Broadway  
Elsa, TX 78543  
(956) 262-1304  
Days and hours of operation: M-F 8am-9pm;  
Sa 8am-12pm  
Provider Licensing Information: 1811329493  
Cultural Competency Training Completed: No  
 



<b>Internal Medicine</b>
--------------------------

**Jose F Pena MD**  
101 S Broadway  
Elsa, TX 78543  
(956) 262-1304  
Days and hours of operation: M-F  
7:30am-9pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1205875721  
Cultural Competency Training Completed: No  
 



<b>Hidalgo</b>
<b>Family Medicine</b>

**Anurag Srivastava NP**  
3001 N McColl St  
Hidalgo, TX 78557  
(956) 627-0510  
Days and hours of operation: M-F 9am-8pm;  
Sa 10am-4pm  
Non-English languages spoken: Hindi, Spanish  
Provider Licensing Information: 1659768166  
Cultural Competency Training Completed: No  






<b>La Joya</b>
<b>Family Medicine</b>

**Ashley C Bose MD**  
328 E Expressway 83  
Ste A  
La Joya, TX 78560  
(956) 270-4705  
Days and hours of operation: M-F 9am-8pm;  
Sa 9am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
 

**Javier A Saenz MD**  
1000 E Expressway 83  
Ste 4  
La Joya, TX 78560  
(956) 585-1688  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1770781452  
Cultural Competency Training Completed: No  
  **ASL**

**Joan C Abulag NP**  
328 E Expressway 83  
Ste A  
La Joya, TX 78560  
(956) 270-4705  
Days and hours of operation: M-F 9am-8pm;  
Sa 9am-6pm  
Provider Licensing Information: 1689117160  
Cultural Competency Training Completed: No  
 

**Raquela R Torres NP**  
328 E Expressway 83  
Ste A  
La Joya, TX 78560  
(956) 270-4705  
Days and hours of operation: M-F 9am-8pm;  
Sa 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1417313156  
Cultural Competency Training Completed: No  
 

**Regis Gener NP**  
328a E Expressway 83  
La Joya, TX 78560  
(956) 270-4705  
Days and hours of operation: M-F 9am-8pm;  
Sa 9am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
    **ASL**

<b>Lyford</b>
<b>Family Medicine</b>

**Mario A Sanchez DO**  
13800 Fm 498  
Lyford, TX 78569  
(956) 349-2031  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1205804911  
Cultural Competency Training Completed: No

<b>Mcallen</b>
<b>Family Medicine</b>

**Alejandro A Hernandez MD**  
205 E Toronto Ave  
Mcallen, TX 78503  
(956) 687-6155  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1871908178  
Cultural Competency Training Completed: No  
  **ASL**



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).



## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Mcallen (cont.)</b>
<b>Family Medicine (cont.)</b>



### Alejandro A Hernandez MD

6112 N 10th St  
Ste 2e  
Mcallen, TX 78504  
(512) 552-4603  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1871908178  
Cultural Competency Training Completed: No




### Alejandro Bocanegra MD

1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: M-F 7:30am-5pm  
Provider Licensing Information: 1861886368  
Cultural Competency Training Completed: No  
  **ASL**





### Alfredo Lopez Jr MD

2010 S Cynthia St  
Ste 110  
Mcallen, TX 78503  
(956) 687-6963  
Days and hours of operation: M-Th 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1750307831  
Cultural Competency Training Completed: No  
  **ASL**

### Alyssa A Sanchez NP

801 E Nolana Ave  
Ste 15 and 16  
Mcallen, TX 78501  
(956) 683-0404  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish, Tagalog  
Provider Licensing Information: 1417450438  
Cultural Competency Training Completed: No  
  




### Andrea N Garza NP

1401 E Ridge Rd  
Ste C  
Mcallen, TX 78503  
(956) 317-4043  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023577483  
Cultural Competency Training Completed: No  
    **ASL**



### Armando Osio MD

1301 E Fern Ave  
Ste B3  
Mcallen, TX 78501  
(956) 971-9548  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1619954278  
Cultural Competency Training Completed: No



### Ashley C Bose MD

801 E Nolana Ave  
Ste 6  
Mcallen, TX 78504  
(956) 668-7333  
Days and hours of operation: M-F 8:30am-5:30pm; Sa 9am-1pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
  

### Ashley C Bose MD

801 E Nolana Ave  
Ste 13a  
Mcallen, TX 78504  
(956) 686-2700  
Days and hours of operation: M-F 8:30am-11pm; Sa 9am-11pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
 

### Ashley C Bose MD

1200 E Ridge Rd  
Ste 2  
Mcallen, TX 78503  
(956) 322-5061  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
 

### Ashley C Bose MD

712 Lindberg Ave  
Mcallen, TX 78501  
(956) 213-8400  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
   **ASL**



### Ashley C Bose MD

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1407233687  
Cultural Competency Training Completed: No  
    **ASL**

### Baldemar Alanis Gonzalez MD

205 E Toronto Ave  
Mcallen, TX 78503  
(956) 687-6155  
Days and hours of operation: M-Th 8am-5pm; F 8am-12pm  
Provider Licensing Information: 1043605835  
Cultural Competency Training Completed: No  
   **ASL**

### Belinda Castillo NP

4903 N McColl Rd  
Mcallen, TX 78504  
(956) 994-1912  
Days and hours of operation: M-F 8am-5pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1558651893  
Cultural Competency Training Completed: No  
 



If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),


7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit

[careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Mcallen (cont.)</b>
<b>Family Medicine (cont.)</b>


### **Belinda V Jordan MD**

5201 N 10th St  
Mcallen, TX 78504  
(956) 631-5411  
Days and hours of operation: M-F 8am-8pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1134121775  
Cultural Competency Training Completed: No  



### **Bertha L Medina MD**

717 Savannah Ave  
Mcallen, TX 78503  
(956) 631-5995  
Days and hours of operation: M-F 6pm-10pm  
Provider Licensing Information: 1811048143  
Cultural Competency Training Completed: No


### **Brenda L Salinas MD**

1801 S 5th St  
Ste 104  
Mcallen, TX 78503  
(956) 586-0333  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1861436263  
Cultural Competency Training Completed: No  



### **Celso E Tumalak Jr NP**

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1720494503  
Cultural Competency Training Completed: No  


### **Cesar Garza MD**

2000 S McColl Rd  
Ste B 303  
Mcallen, TX 78504  
(956) 215-6010  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1952663916  
Cultural Competency Training Completed: No  


### **Dimple Patel Desai MD**

4500 N 10th St  
Ste 100  
Mcallen, TX 78504  
(956) 362-6980  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1053722611  
Cultural Competency Training Completed: No  



### **Dora A Martinez MD**

300 S Col Rowe Blvd  
Ste 101  
Mcallen, TX 78501  
(956) 668-1155  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1811217003  
Cultural Competency Training Completed: No


### **Eduardo Candanosa MD**

801 E Nolana Ave  
Ste 3  
Mcallen, TX 78504  
(956) 391-2654  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1144512484  
Cultural Competency Training Completed: No  



### **Enrique J Griego MD**

1900 S Jackson Rd  
Ste 9  
Mcallen, TX 78503  
(956) 687-6667  
Days and hours of operation: M-Th 7am-5pm; F-Sa 7am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1164432506  
Cultural Competency Training Completed: YES  



### **Erasto Canales MD**

334 Lindberg Ave  
Mcallen, TX 78501  
(956) 686-2020  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1396713616  
Cultural Competency Training Completed: No  



### **Eron G Manusov MD**

1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: M-F 7:30am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1477523447  
Cultural Competency Training Completed: No  


### **Filiberto Gutierrez Jr NP**

5521 N McColl Rd  
Mcallen, TX 78504  
(956) 362-8420  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1225585151  
Cultural Competency Training Completed: No  


### **Florencia Perez MD**

5505 N McColl Rd  
Mcallen, TX 78504  
(956) 683-8100  
Days and hours of operation: M-Th 8am-6pm; F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1689715500  
Cultural Competency Training Completed: No  


### **Florencia Perez MD**

5505 N McColl Rd  
Mcallen, TX 78504  
(956) 683-8100  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1689715500  
Cultural Competency Training Completed: No



If you have questions, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1),





7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. For more information, visit

[careplantx.cigna.com](http://careplantx.cigna.com).

## C1. Primary Care Providers

<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Mcallen (cont.)</b>
<b>Family Medicine (cont.)</b>





### Frances A Myers-Mitchell MD

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1669470043  
Cultural Competency Training Completed: No  
    **ASL**



### Fuad Zayed MD

1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Non-English languages spoken: Arabic, Spanish  
Provider Licensing Information: 1356342190  
Cultural Competency Training Completed: No



### Haritha R Mapakshi NP

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1467718643  
Cultural Competency Training Completed: No  
    **ASL**



### Heidi Y Pareja MD

205 E Toronto Ave  
Mcallen, TX 78503  
(956) 687-6155  
Days and hours of operation: M-Th 8am-9pm; F 8am-12pm  
Provider Licensing Information: 1164861316  
Cultural Competency Training Completed: No  
   **ASL**

### Hobert L Smith MD

501 N Ware Rd  
Mcallen, TX 78501  
(956) 668-0044  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1053534982  
Cultural Competency Training Completed: No  
 


### Humberto F Nunez Uriburu MD

110 E Savannah Ave  
Bldg B Ste 202  
Mcallen, TX 78503  
(956) 686-7611  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1992952261  
Cultural Competency Training Completed: No  
 



### Humberto F Nunez Uriburu MD

110 E Savannah Ave  
Bldg B Ste 202  
Mcallen, TX 78503  
(956) 800-4525  
Days and hours of operation: 24/7  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1992952261  
Cultural Competency Training Completed: No

### Ivy A Dano APRN

1900 S D St  
Mcallen, TX 78503  
(956) 994-2000  
Days and hours of operation: 24/7  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1689041808  
Cultural Competency Training Completed: No  






### Jimmy G Gonzales MD

1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: M, T, W, F 7:30am-5pm; Th 7:30am-7pm  
Provider Licensing Information: 1740506385  
Cultural Competency Training Completed: No  
  **ASL**



### Joan C Abulag NP

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1689117160  
Cultural Competency Training Completed: No  
    **ASL**



### Jocelyn R Einar NP

2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1730594912  
Cultural Competency Training Completed: No  
    **ASL**

### Joel L Solis MD

5201 N 10th St  
Mcallen, TX 78504  
(956) 631-5411  
Days and hours of operation: M-F 8am-8pm; Sa 8am-12pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1033191424  
Cultural Competency Training Completed: No  
  **ASL**

### Jose R Cano Penalosa MD

205 E Toronto Ave  
Mcallen, TX 78503  
(956) 687-6155  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1770015950  
Cultural Competency Training Completed: No  
  **ASL**





**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).




## C1. Primary Care Providers



<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Mcallen (cont.)</b>
<b>Family Medicine (cont.)</b>

**Jose T Gonzalez NP**  
1800 S 5th St  
Mcallen, TX 78503  
(956) 992-0730  
Days and hours of operation: M-F 8am-5pm  
Provider Licensing Information: 1568859551  
Cultural Competency Training Completed: No  






**Kristan T Diaz Rios MD**  
1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: Th 7:30am-7pm  
Provider Licensing Information: 1326396078  
Cultural Competency Training Completed: No  
  **ASL**

**Liezet A Cepeda MD**  
1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: M, W, Th, F 7:30am-5pm  
Provider Licensing Information: 1588027858  
Cultural Competency Training Completed: No  
  **ASL**

**Luis Delgado Jr MD**  
5128 N 10th St  
Mcallen, TX 78504  
(956) 631-3831  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1114922499  
Cultural Competency Training Completed: No  




**Manuel J Sanchez MD**  
501 N Ware Rd  
Mcallen, TX 78501  
(956) 668-0044  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1669485504  
Cultural Competency Training Completed: No  
 





**Maria D Coimbra MD**  
2108 S M St  
Ste 3  
Mcallen, TX 78503  
(956) 992-0660  
Days and hours of operation: M-Th 8am-10am, F 8am-5pm; Sa 8am-12pm  
Non-English languages spoken: Portuguese, Spanish  
Provider Licensing Information: 1316188725  
Cultural Competency Training Completed: No



**Maria D Galvan NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1457621369  
Cultural Competency Training Completed: No  
    **ASL**

**Maria DE L Aguinaga MD**  
6112 N 10th St  
Ste 2e  
Mcallen, TX 78504  
(512) 552-4603  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023338902  
Cultural Competency Training Completed: No

**Maria R Guajardo MD**  
1200 E Savannah Ave  
Ste 14  
Mcallen, TX 78503  
(956) 668-1200  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1780723114  
Cultural Competency Training Completed: No  
 **ASL**

**Miranda Caquias NP**  
801 E Nolana Ave  
Ste 13a  
Mcallen, TX 78504  
(956) 686-2700  
Days and hours of operation: M-F 8:30am-11pm; Sa 9am-11pm  
Provider Licensing Information: 1255961520  
Cultural Competency Training Completed: No  
 

**Miranda Caquias NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1255961520  
Cultural Competency Training Completed: No  
    **ASL**





**Naomi J D'acolaste MD**  
1000 E Dove Ave  
Mcallen, TX 78504  
(956) 362-3520  
Days and hours of operation: Th 7:30am-7pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1073855698  
Cultural Competency Training Completed: No  
  **ASL**








**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).



## C1. Primary Care Providers


<b>TX (cont.)</b>
<b>Hidalgo (cont.)</b>
<b>Mcallen (cont.)</b>
<b>Family Medicine (cont.)</b>





**Ninette Ochoa-Cortez NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1407801657  
Cultural Competency Training Completed: No  
    **ASL**





**Noel Lopez MD**  
5140 N 10th St  
Mcallen, TX 78504  
(956) 972-1600  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1831119908  
Cultural Competency Training Completed: YES  
    **ASL**




**Noel Lopez MD**  
5112 N 10th St  
Mcallen, TX 78504  
(956) 213-8102  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1831119908  
Cultural Competency Training Completed: YES  





**Ramiro P Alonso MD**  
801 E Nolana Ave  
Ste 6  
Mcallen, TX 78504  
(956) 668-7333  
Days and hours of operation: M-F 8:30am-5:30pm; Sa 9am-1pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1669525051  
Cultural Competency Training Completed: No  
  



**Raquela R Torres NP**  
712 Lindberg Ave  
Mcallen, TX 78501  
(956) 213-8400  
Days and hours of operation: M-F 8:30am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1417313156  
Cultural Competency Training Completed: No  
   **ASL**



**Raquela R Torres NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1417313156  
Cultural Competency Training Completed: No  
    **ASL**





**Rebekah Solis NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1225308133  
Cultural Competency Training Completed: No  
    **ASL**





**Regis Gener NP**  
801 E Nolana Ave  
Ste 6  
Mcallen, TX 78504  
(956) 668-7333  
Days and hours of operation: M-F 8:30am-5:30pm; Sa 9am-1pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
  

**Regis Gener NP**  
712 Lindberg Ave  
Mcallen, TX 78501  
(956) 213-8400  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
   **ASL**

**Regis Gener NP**  
801 E Nolana Ave  
Ste 13a  
Mcallen, TX 78504  
(956) 686-2700  
Days and hours of operation: M-F 8:30am-11pm; Sa 9am-11pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
 

**Regis Gener NP**  
1200 E Ridge Rd  
Ste 2  
Mcallen, TX 78503  
(956) 322-5061  
Days and hours of operation: M-F 8:30am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
 

**Regis Gener NP**  
2500 Buddy Owens Ave  
Mcallen, TX 78504  
(956) 686-5311  
Days and hours of operation: M-F 9am-6pm  
Provider Licensing Information: 1659859759  
Cultural Competency Training Completed: No  
    **ASL**

**Ricardo Canales MD**  
240 Lindberg Ave  
Mcallen, TX 78501  
(956) 627-0531  
Days and hours of operation: M-F 8am-5pm  
Non-English languages spoken: Spanish  
Provider Licensing Information: 1023086345  
Cultural Competency Training Completed: No  
    **ASL**



**If you have questions**, please call Cigna CarePlan at 1-877-653-0327 (TTY: 7-1-1), 7 days a week, 8 a.m. to 8 p.m. Central Time. The call is free. **For more information**, visit [careplantx.cigna.com](http://careplantx.cigna.com).